

Announcing Idaho Children's Mental Health Awareness Month- - May 2016
"Healthy Families, Resilient Children: Mental Health is a Family Affair!"

Children are an integral part of a family unit and healthy families are better equipped to support resilient children. We all must fully endorse the undisputed importance of full family engagement and participation in the care and treatment of our children. Further, we must advocate for a holistic approach to children's mental health that includes the provision of supports that strengthen the family as they nurture resiliency.

The Idaho Federation of Families for Children's Mental Health (IFFCMH) in collaboration with the Regional Behavioral Health Board Youth Committees, is pleased to offer three statewide presentations intended to increase mental health awareness May 12 and 13. Utilizing the ID Health & Welfare video conferencing system, live interactive presentations will be broadcast from Regions 2 (Lewiston), 4 (Boise) and 7 (Idaho Falls) on May 12th and 13th. The 90 minute presentations with opportunity for questions can be viewed at any regional conferencing site.

On **May 12 at 2:30 MTN** a presentation entitled **"Road Map to Trauma Informed Care"** will air live from the H&W Westgate office, room 131 in Boise. This will feature a panel presentation led by Ami Owen, DCC LMFT CCTP. Other panelists from the District Public Health office are Eileen Ursillo, Jessica McClenahan, Elizabeth Rose, Lorraine Fortunati, and Sonja Redden.

The **May 13 presentation at 12:30 MTN**, will air live out of the region 2 Lewiston video conferencing site and feature Susan Nelson M.ED/IMH-E (III), Infant Mental Health Specialist. That presentation is a 3 pronged **"Introduction to Infant Mental Health"** addressing: What is Infant Mental Health? Why IMH? What is IMH Endorsement? What is "Aim Early Idaho?"

A second presentation on **May 13 at 2:30 MTN** will air live out of the region 7 Idaho Falls video conferencing site. The topic is **Anti-stigma titled: "Two Voices for Hope and Recovery... A Discussion about Stigma"** The presentation will feature Logan Zuck, consumer of services and Dr. M Larson, Idaho Falls psychiatrist.

Video conference Site Locations: Region 1, 2195 Ironwood Court Coeur d'Alene; Region 2, 1118 F St, Lewiston, & 216 S. C ST, Grangeville; Region 3, 3402 Franklin Rd, Caldwell; Region 4, Westgate Center & Central Office, Boise; Region 5, 803 Harrison, Twin Falls; Region 6, 421 Memorial Dr., Pocatello; and Region 7, 150 Shoup, Idaho Falls.

A 90 minute **live panel presentation** on the status of the **Jeff D implementation process** will be **streamed** from **Treasure Valley Community TV** a community access TV station in Boise on **May 4, 10:30AM**. Panelists are Pat Martell, Jeff D Implementation Project Manager; Howard Belodoff, Lead Attorney for Jeff D lawsuit; Jennifer Griffis, Parent, Member of Mediation Team and Chair of the Statewide BH Planning Council; Vanessa Morgan Parent and Member of Implementation Planning Committee; Carol Dixon, IFFCMH Coordinator and Member of the Mediation Team.

On May 5, National CMH Awareness Day, the national Substance Abuse and Mental Health Services Administration is presenting **“Finding Help, Finding Hope” a national on-line event** that folks will be able to interact with via internet.

A Statewide Poster Contest for kids in grades 3-12 addressing the **theme: “May the Mental Health Force Be with You”** will conclude on April 28 with the statewide overall winning poster announced and prize awarded on May 6.

Resource Fair at Kid’s Fest. Saturday April 30 at the Idaho Expo Center in Boise. Several Mental Health agencies and organizations will participate in the Kids Fest with resource information for families and youth on their services and other community resources. For additional information on these events and registration, contact IFFCMH at 208-433-8845